MY SAFE PLACE COLLAGE

Create a picture of somewhere you feel comfortable and welcome.

A place can be real, remembered, imagined or made up.

ECWW-RES-ACT-002 | Creative Activities | Printable Worksheet

GET STARTED

You can use magazine pictures, coloured paper, drawings, words or photographs to build your collage. Choose only what feels comfortable to include.

You will need: paper, pencils or markers, and optional pictures, scissors and glue.

MY COLLAGE SPACE

Draw here, or attach your pictures and shapes.

IDEAS TO EXPLORE

Colours that feel welcoming | People, pets or nature | Comforting objects

Places you enjoy | Imaginary spaces | Words or symbols

You can change your ideas, leave spaces blank or make more than one collage.

A gentle reflection (optional)

What is one thing in your collage that helps you feel comfortable?

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