My Kindness Cards

Colour • Decorate • Cut Out • Share

ECWW-RES-CON-001 | Connection & Community

You Matter

You Belong

Thank You for Being You

Your Kindness Makes a Difference

You Are Appreciated

I Am Glad You Are Here

You Make a Difference

A Little Kindness Goes a Long Way

Make each card your own. Share one, keep one, or write your own kind message on the back.

Choose what feels comfortable. There is no right or wrong way to participate.

© 2026 Elizabeth's Creative Wellbeing Workshop | Free personal and community use